

What makes your pain better? (rest, ice, heat, massage, medications)	
What makes your pain worse? (activity, walking, running, bending, squatting)	
What is the quality of your pain (sharp, dull ache, burning, other)	
How many hours a day do you have this pain?	
Do you have pain at rest?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Does the pain radiate to anywhere else? If yes, where?	
Do you have any of the following?	
swelling <input type="checkbox"/> Yes <input type="checkbox"/> No	popping or clicking <input type="checkbox"/> Yes <input type="checkbox"/> No
numbness <input type="checkbox"/> Yes <input type="checkbox"/> No	giving way <input type="checkbox"/> Yes <input type="checkbox"/> No
What limitations of your daily routine do you have due to this injury?	
Have you injured this area prior to this injury? If so, explain.	

Occupational Information

What is your job title?	
Did your injury occur at work?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Was it due to a single injury or due to a gradual problem?	<input type="checkbox"/> Single injury <input type="checkbox"/> Gradual
Who was your employer at the time of the injury?	
Please describe how the injury occurred.	
Have you reinjured yourself since that time?	<input type="checkbox"/> Yes <input type="checkbox"/> No
How would you described the function of the injured body part BEFORE the injury?	<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor(Constant Pain)
Name of the First doctor that you saw after the injury?	Date?
How did you get there? <input type="checkbox"/> Driven <input type="checkbox"/> Ambulance <input type="checkbox"/> Other	
What initial tests did you have? <input type="checkbox"/> Xrays <input type="checkbox"/> CT <input type="checkbox"/> MRI <input type="checkbox"/> EMG <input type="checkbox"/> Bone Scan	
What treatment was initially performed?	
Were you taken off work? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Were you given modified duty? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Were you hospitalized? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Did you have physical therapy? <input type="checkbox"/> Yes <input type="checkbox"/> No	

List other medical specialists that you have seen since the initial visit after your work related injury. Start with the first one after the initial evaluation and end with the most recent visit.

Name	Date seen	Tests (EMG, CT, MRI, Bone scan)	Treatment	Hospitalized? If yes, dates?	Surgery? If yes, what procedure?

Work Status Since Time of Injury?

On what approximate date did you return to work?

How many days of lost work did you have?

What date did you work last?

Do you have a new employer since your injury? Yes No

What are your usual duties?

What are current work duties can you not perform as a result of your injury?

How long have you been working with your present employer?

Do you have to lift?

If so how much?

Do you have to kneel, bend, or squat? Yes No

If so how often?

Please list your previous employers in chronological order (most recent first)

Employer	Occupations	Dates

Do you use any walking aids	<input type="checkbox"/> Yes <input type="checkbox"/> No			
If so, what do you use?	<input type="checkbox"/> Cane	<input type="checkbox"/> Walker	<input type="checkbox"/> Crutches	<input type="checkbox"/> Wheelchair
What percent of the time do you use walking aids?	%			
Do you use any braces?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Do you use any orthotics in your shoes? If yes, please explain:	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain			
How far can you walk?	<input type="checkbox"/> Miles <input type="checkbox"/> Yards <input type="checkbox"/> Blocks			
What treatments have you had for your current condition?				
Cortisone injections? If yes, when and how often?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain			
Viscosupplementation? (Synvisc, Hyalgan) If yes, when and how often?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain			
Do you take any antiinflammatory medications?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Do you take Chondroitin Sulfate and Glucosamine?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Do you have difficulty with stairs?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Do you have more difficulty going up or down stairs?	<input type="checkbox"/> Up <input type="checkbox"/> Down			
Do you put both feet on each step?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Do you use a rail when going up and down steps?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Can you put on your shoes and socks?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Can you cut your toenails yourself?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Please list any known medical conditions or problems.				Year of onset
Please list surgeries that you have undergone.				Year performed

Injuries, Car Accidents, or Broken Bones:				
Year	Incident	Treatment	Status	Work Related?
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No
				<input type="checkbox"/> Yes <input type="checkbox"/> No

Please list any over the counter or prescribed medications.			
Drug Name	Strength or Dose	Taken when and how often?	
<i>Medication Allergies:</i> <input type="checkbox"/> No Known Allergies OR			1. 2. 3.

FAMILY HISTORY: Please list any illnesses of family members or cause of death if known.				
	Age	Mark X if Alive and Well	Mark X if deceased	Describe family member illness or cause of death if known
Mother				
Father				
Sisters				
Brothers				
Children				

Review of Systems: Check if you have had, or currently have any of the following symptoms and the date of onset

	Symptom	Date of Onset
<input type="checkbox"/>	Fevers	
<input type="checkbox"/>	Chills	
<input type="checkbox"/>	Night Sweats	
<input type="checkbox"/>	Rashes/Frequent Itching	
<input type="checkbox"/>	Sores that don't heal	
<input type="checkbox"/>	Hearing Loss	
<input type="checkbox"/>	Nasal Problems	
<input type="checkbox"/>	Difficulty Swallowing	
<input type="checkbox"/>	Thyroid Problems	
<input type="checkbox"/>	Weight Loss	
<input type="checkbox"/>	Weight Gain	
<input type="checkbox"/>	Excessive sweating	
<input type="checkbox"/>	Tremor	
<input type="checkbox"/>	Chest Pain	
<input type="checkbox"/>	Shortness of Breath	
<input type="checkbox"/>	Cough	
<input type="checkbox"/>	Enlarged Heart	
<input type="checkbox"/>	Irregular Heart Beat	
<input type="checkbox"/>	Heart Murmur	
<input type="checkbox"/>	Wheezing	
<input type="checkbox"/>	Vein Problems	
<input type="checkbox"/>	Others:	

	Symptom	Date of Onset
<input type="checkbox"/>	Phlebitis	
<input type="checkbox"/>	AIDS	
<input type="checkbox"/>	Hepatitis B	
<input type="checkbox"/>	Hepatitis C	
<input type="checkbox"/>	Previous Deep Vein	
<input type="checkbox"/>	Transient Ischemic	
<input type="checkbox"/>	Seizures	
<input type="checkbox"/>	Calf Pain on Exertion	
<input type="checkbox"/>	Easy Bruisability	
<input type="checkbox"/>	Swollen Nodes	
<input type="checkbox"/>	Paralysis	
<input type="checkbox"/>	Weakness	
<input type="checkbox"/>	Numbness	
<input type="checkbox"/>	Tingling in Arms or	
<input type="checkbox"/>	Painful Urination	
<input type="checkbox"/>	Frequent Urination	
<input type="checkbox"/>	Bloody Urine	
<input type="checkbox"/>	Bleeding Ulcers	
<input type="checkbox"/>	Hiatal Hernia	
<input type="checkbox"/>	Frequent Indigestion	
<input type="checkbox"/>	Colitis	

Social and Activity History: This information may impact your health insurance. If you have any concerns about this please leave the information blank and discuss it verbally with your physician to ensure confidentiality.

Smoking (Tobacco)	How many per day?	How many years?
Cigarettes <input type="checkbox"/> Yes <input type="checkbox"/> No		
Cigars <input type="checkbox"/> Yes <input type="checkbox"/> No		
Pipe <input type="checkbox"/> Yes <input type="checkbox"/> No		
Alcohol <input type="checkbox"/> Yes <input type="checkbox"/> No		
Illicit Drugs	Are you currently using or have you used any illicit drugs such as methamphetamine or cocaine? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	Have you ever used intravenously injected drugs such as heroin? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Highest Grade of School Completed	<input type="checkbox"/> Elementary <input type="checkbox"/> HighSchool <input type="checkbox"/> College <input type="checkbox"/> Post-Graduate	

Current Occupation									
Marital Status		<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Other							
Hobbies/Activities/Sports		How many hours a week do you perform these activities?							
Physical Examination (To be filled out by MD)									
General		Standing Alignment <input type="checkbox"/> Varus <input type="checkbox"/> Valgus Deg							
App		Gait <input type="checkbox"/> Trend <input type="checkbox"/> Antalgic Side							
Hip				Knee					
TTP		<input type="checkbox"/> Yes <input type="checkbox"/> No Location		Effusion		Standing Alignment			
ROM (Extension)				TTP					
Flexion	Extension		ABD			Medial	Lateral		
ADD		ER		IR		Stability			
ROM (90 Flexion)				Varus		Valgus			
Flexion	Extension		ABD			Lachman	Post Drawer		
ADD		ER		IR		Patellofemoral Joint			
Anterior Apprehension			Posterior Apprehension			Crepitance	Apprehension		
LLD	<input type="checkbox"/> EqL	<input type="checkbox"/> R>L	<input type="checkbox"/> L>R	cm?		Flexion	Extension		
Vascular DP		PT							
Sensory			DTR	KJR R		L	AJR R		L
Motor Q	JS	TA	GS	EHL		FHL			